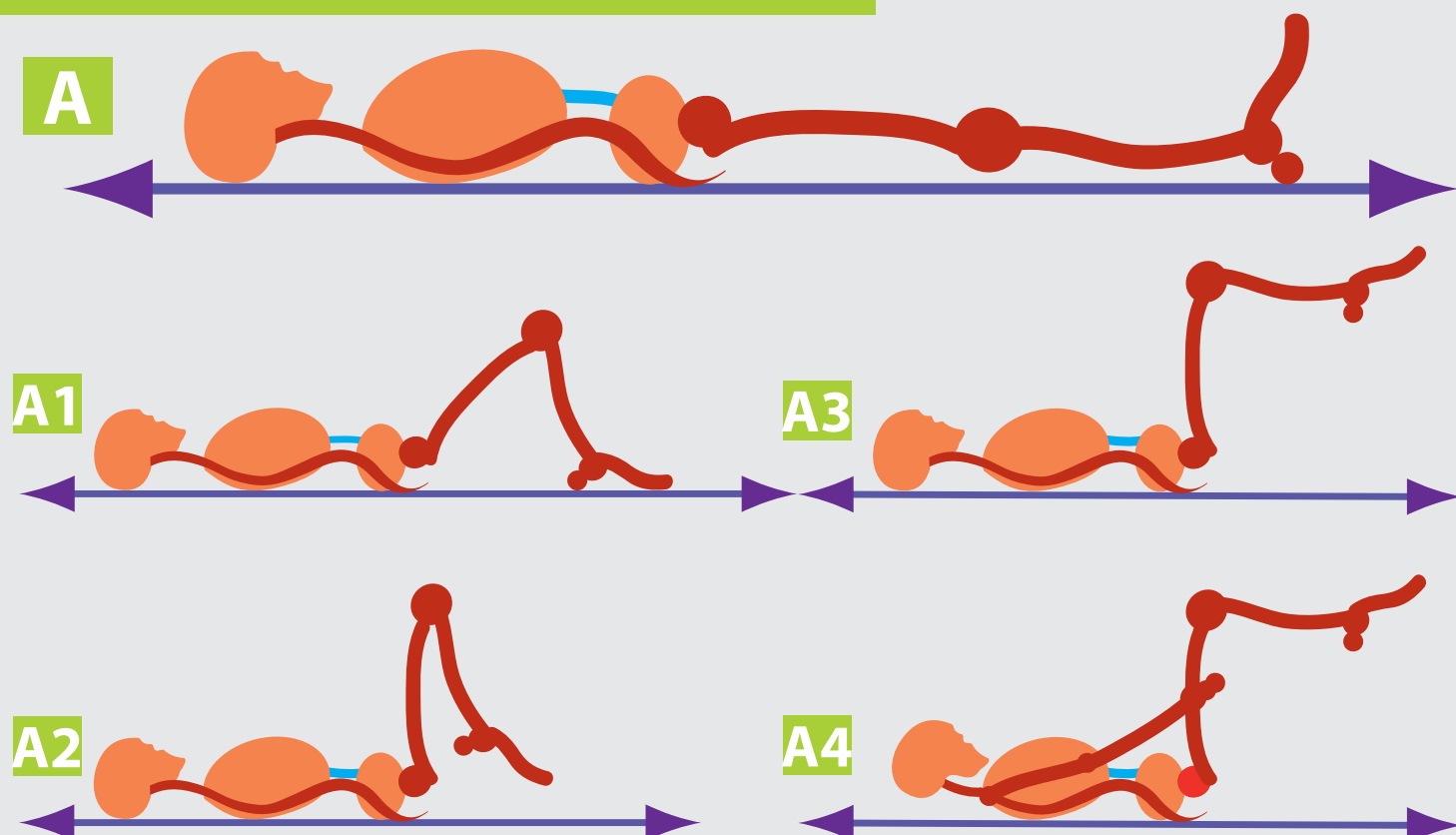


TONIFICATION DES JAMBES ET DES ILIO-PSOAS

A : POSITIONS CORRECTES



B : POSITIONS INCORRECTES

